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SILICONE GEL CREST PAD DIRECTIONS

- Wear the device as shown in the picture below.
- The toe loop can be put over the 2nd toe or the 3rd toe, whichever is more comfortable to wear.
- This device is specifically for the LEFT side and should not be worn on the right foot.
- Wear under socks to help support the toes and relieve joint pain from hammer toes.
- It can be periodically hand washed in cool water with mild soap.
- Stop using if you develop a rash on your skin or increased pain (Contains **NO** latex)



If you have any questions, please contact us.